Three Ways to Quickly Get Your Kids Doing Chores

By Angela Price

If you are a <u>parent</u>, you know one of the hardest things in the world is getting your <u>kids</u> to cooperate. <u>Chores</u> are boring, and we, as <u>parents</u> know that... because let's face it, we hate doing chores too.

For children and **toddlers**, doing a task is extremely difficult.

Depending on their age, the average attention span of a child is

anywhere between six to 30 minutes. This can make **chores** a tricky activity. With these three easy tricks, you can make sure your **kids**learn healthy habits of cleaning up after themselves.

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Start Them Early and Set an Example

The ability to get your <u>kids</u> cleaning up at a younger age can motivate them to live a neater life and turn chores into something they don't hate.

As a <u>parent</u>, the last thing you want is to discourage your child and make them believe that <u>cleaning up</u> is a

must do them yourself are great starting points. Give your

punishment. It must be something they want to do. Praise

your **toddler** when they pick up after themselves, doing the

chores with them, and not moaning and groaning when you

child a small handheld vacuum while you use the upright.



Incentive

A little incentive goes a long way on your journey to get your kids to clean up after

themselves. My kids love small treats and baked goods.

Joy Food Sunshine offers the best chocolate chip cookie

recipe, and my kids love them. I use these cookies as an incentive when they do their tasks, like picking up toys or using paper towels to wipe up a mess they made.

Incentives make cleaning up much easier.



Make it a Game

Challenge them. Give them a time limit to earn a prize – the cookies. Make it a race, whether it is against you or your other <u>kids</u>. The best thing you can do is make <u>cleaning up</u> a fun little game for them to play. This way, they won't hate cleaning, or you for making them do it.

These tips have all helped with my **kids**. If you have any other tips to help adjusting **parents** get their children to do chores, let us know in the comments.



Getting your children to do their chores can be rough. In our latest blog post, NHL wife, blogger, and mother of three, Angela Price, shares her top three tips and tricks to solve that very problem. #MakeChoresFun #EZXL

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